



MEMBERS AND NON-MEMBERS WELCOME

Class Schedule effective March 1, 2018

Day	Time	Instructor
Monday	12:00 PM	James
	6:00 PM	James
Tuesday	5:30 AM	James
	6:00 PM	Theresa
Thursday	6:00 PM	Theresa
Friday	12:00 PM	James
Saturday	8:00 AM	Cathy

\$5 per class for members

\$8 per class for non-members

Spinning membership options available



***schedule subject to change**

400 Main Street, Dalton

www.daltoncra.org

Water bottles and towels are required. Bike reservations are recommended by calling the CRA at 684-0260. Reservations accepted beginning 12:00 pm the day prior to the class you would like to attend. Voicemail reservations will be not accepted. Schedule is subject to change.