

Join us!

# Benefits of Acupuncture and Herbal Medicines

## Wellness Workshop

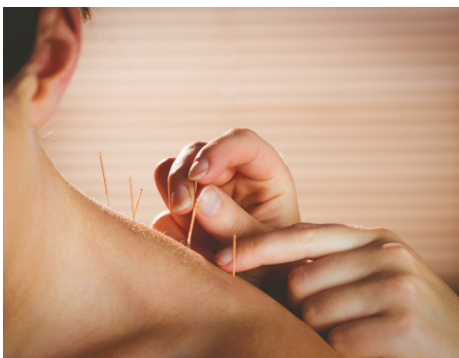


**Presentation by Dr. Regina Touhey-Serkin**

Doctor of Acupuncture and Chinese Medicine  
Licensed in MA and NY • NCCAOM Certified

Oriental Medicine is based on the idea that if energy is flowing in a balanced harmonious way there will be no pain or dysfunction.

Acupuncture demonstration for willing volunteers.



**Wednesday, November 7th**  
**5:30-6:30 pm**

**The Greylock Room • Dalton Youth Center**  
**27 S. Carson Avenue • Dalton**

**FREE and Open to the Public**

Regina Touhey Serkin is a NY and MA licensed Acupuncturist, a Diplomat of the National Certification Commission for Acupuncture and Oriental Medicine, holds a Masters of Science of Traditional Oriental Medicine and is a Doctoral Fellow at Pacific College of Oriental Medicine. She is an active founder of Pittsfield Community Acupuncture and on staff at Berkshire Medical Center in Pittsfield, MA and Canyon Ranch in Lenox.



**Dalton Community Recreation Association**

400 Main Street • Dalton, MA 01226 • (413) 684-0260 • [daltoncra.org](http://daltoncra.org)

