ZUMBA®

LET IT MOVE YOU™

THERE ARE A LOT OF WAYS TO LOSE WEIGHT. SOME ARE JUST MORE FUN. JOIN THE ULTIMATE DANCE-FITNESS PARTY THAT BEATS A BORING OLD WORKOUT ANY DAY.

Stephanie Hernandez

Zumba Dance Party

Instructor Contact: 413-212-1140

Dalton CRA

400 Main St, Dalton, MA 01226

Join Stephanie every Monday at 5:45PM for a Zumba Dance Party! There will be Hip-Hop, Pop, Salsa, Cumbia, and more! Let's start the week off right and dance the stress away!

COMMUNITY RECREATION ASSOCIATION CRA EST. 1923

daltoncra.org

For class details Contact your licensed Zumba® Instructor.

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